



**Richard Cunningham, MD**

Complex Knee & Shoulder Surgery

*Fellowship Trained in Sports Medicine*

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## POST-OPERATIVE SURGERY CHECKLIST

\_\_\_\_ Schedule Post-Operative follow-up appointment with Dr. Cunningham/Chad Ford, PA 7-14 days from surgery.

\_\_\_\_ Schedule Post-Operative Physical Therapy

### **DME Contact Information:**

\_\_\_\_ ICE MACHINES: If you were prescribed a GAMEREDY, this will need to be returned to the DME Company after your rental period is over. IF you were prescribed a Polarcare you DO NOT need to return this to the DME company as you have purchased it.

\_\_\_\_ Game Ready · 970-471-6267 for Eagle and Summit Counties

\_\_\_\_ CPM: If you were prescribed a CPM (Continual Passive Range of Motion Machine) this will need to be returned to the DME company 21-28 days following surgery. The DME company typically arranges to pick these up or provides you with instructions to ship to them via UPS.

\_\_\_\_ Medequip CPM: Main Office (P) 970.476.7701

Visit <https://www.youtube.com/channel/UCVnUE6sfygnRsdOjrvVOvxQ/featured> for information on your post-operative care and more. WARNING: Some of the videos contain graphic surgical content. Viewer discretion is advised.